

COVID-19 Report from RHCP

Situation Report (as of June 22nd 2020)

Olmsted County: 903 cases

Minnesota: 32,920 cases

United States: 2,248,029 cases

(Reference: MN Department of Health, CDC)

Stop the Spread

Use cloth face covering in public places.

Cover your cough or sneeze.

Wash your hands with soap and water or use hand sanitizer often.

Clean and disinfect frequently touched objects and surfaces.

Keep your social distance – stay 6 feet apart.

Get tested for COVID-19, stay home and self-isolate, if you are unwell.

Your Questions Answered

1. Who is at risk for COVID-19? Should we broaden our view of populations at greatest risks?

- Older adults and people of any age who have serious underlying medical conditions have a greater risk of getting very sick from COVID-19.
- COVID-19 pandemic is affecting the young too, specifically those aged 13 to 24 years.
- Cases of a rare inflammatory condition that affects multiple systems have been reported around the world in young children with COVID-19.

2. How do we continue to protect each other and the vulnerable members in our community?

- Research indicates that at a minimum, 30% of COVID-19 spread may be traced to people who have no symptoms, and therefore do not know they are infected.
 - Stay home as much as possible. Stay at least 6 feet from other people if you are in public places
 - Wear a cloth mask over your nose and mouth in grocery stores and all other public places where it is hard to stay 6 feet away from others. When you wear a cloth mask in public, remember you can help to stop your germs from infecting others.

3. What are safe ways to use household cleaning and disinfectant products?

- Cleaning and disinfecting things that people touch a lot, such as counters, telephones, remote controls, doorknobs, stairway railings and other objects is very important in controlling the spread of COVID-19. Most common EPA-registered household disinfectants will work.
- Since the onset of the COVID-19 pandemic, there have been many reports of people using household cleaning and disinfectant products inappropriately with the intent to prevent the transmission of COVID-19.
- It is very important to practice safety and follow directions when using household cleaning and disinfectant products to ensure adequate cleaning, and also to prevent causing harm to people. Important points to remember include:
 - Always read and follow the instructions on using the given product. Read the product warnings and possible side effects listed under “precautionary statements.”
 - Wear protective gear, such as gloves, where indicated.

- Never mix two or more products together into one container. Using bleach with other products may release dangerous gases.
- Only use the product on surfaces listed under “use sites.”
- Keep disinfectants out of reach of children.
- Ensure as much ventilation as possible. Open windows. Run a bathroom or kitchen fan. Keep children in another room.
- You should never eat, drink, breathe or inject these products into your body or apply directly to your skin as they can cause serious harm. Do not wipe or bathe pets with these products or any other products that are not approved for animal use.

About 1 in 3* adults used chemicals or disinfectants unsafely while trying to protect against COVID-19

Stay safe while using household cleaning and disinfectant products



Always read instructions



Wear protective gear



Do not mix chemicals

*According to a nationally representative survey of 502 U.S. adults—May 4, 2020

CDC.GOV bit.ly/MMWR6520 MMWR

COVID-19 Community Hotline
 (507) 328-2822
 9 a.m. - 9 p.m., 7 days a week

You, the people in the community, are at the frontline to stopping COVID-19.
 By hand hygiene, cleaning and sanitizing. By social distancing. By staying home. By staying safe.
 We are all in this together. We will heal as one.

